

FISD School Health Advisory Council (SHAC)
Meeting Minutes for Thursday, November 8, 2018

The SHAC meeting was called to order on Thursday, November 8, 2018 at 4:47pm at the FISD Administration Building Training Rooms by Monica Jackson, Managing Director Elementary Students Services.

Attending: Noor Anjum, Adam Annaccone, Cyndi Arakas, Janet Beeler, Gretchen Bell, Stephanie Campbell, Lucy Driggers, Angela Dunford, Leeba Forooqi, Shane Gilmore, Allison Ginn, Rosa Emma Gonzalez, Andrea Griffith, Annette Hamel, Geoffrey Heinicke, Mary Hewlett, Christie Hutchinson, Monica Jackson, Lisa Jenkins, Amy Kreins, Kevin Mechenbier, Laura Lee McLeod, Ann Nickel, Erin Reynolds, Deborah Shaytar, Katherine Smith, Melanie Smith, Kathy Tolbert, Jay Warren, Karen Young and Kandace Morgan

Mrs. Ginn welcomed all of the members and lay out the objectives / agenda for today's meeting. Opened the floor to questions.

At 4:51 Breakout into Sub Committees. Meeting notes for sub committees were recorded by the sub-committee secretaries.

At **5:38** the Sub Committees came back to share goals and began gallery walk.

Committee 1: Health & Physical Education/Nutrition/Physical Environment/Governance

- SEE ATTACHED PHOTOS

Committee 2: Family Engagement/Community Involvement

- SEE ATTACHED PHOTOS

Committee 3: Healthy Services/Employee Wellness

- SEE ATTACHED PHOTOS

Committee 4: Counseling and Psychological Services/Social and Emotional Climate

- SEE ATTACHED PHOTOS

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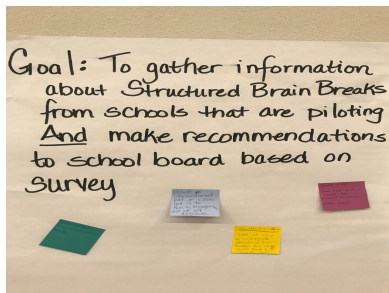
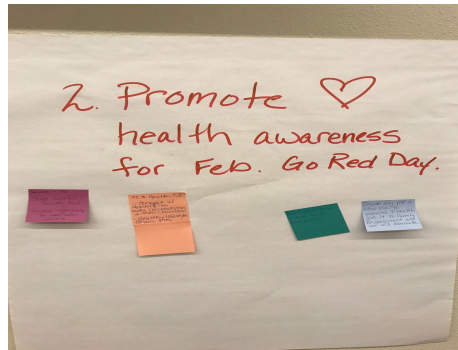
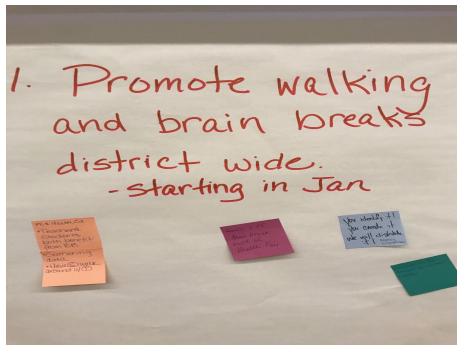
Spin the SHAC Wheel

Winners were awarded door prizes

Our next meeting will be Wednesday, February 20, 2019 at FISD Administration at 4:45pm.

The meeting was adjourned at 5:59pm.

-Cyndi Arakas, SHAC Co-Chair



To build connections
between staff and
students.

To build connections
among the staff
itself

To build
connections
among the
students

District-wide P.E.
and Health Fair

Health is a family
responsibility. Parents
are needed to help
allow students
to succeed.

Family Engagement
These letters will
allow us to hear
STUDENTS' voice.
Parents are
the most important

You identify it!
You create it!
We will distribute
Family
Engagement
it!

Create information
post or video get
it to Family
Engagement, &
we will
distribute.

To build connections among the students

To build connections among the staff itself.

amb
sts
Create a digital pdf or video (informational) give it to Family engagement & we will distribute it.
Health + PE Encourage students to walk together in gymnasium after school.

Health + PE Encourage participants in Cross Country OR School and non-athletic age "handicapping"
Health + PE For class students do 1 mile walk w/ young students
Health + PE Community Service

PE/Health Promote Character Strategies during classroooms Brain Break Buddies

To build connection between staff and students.

Health + PE Cross Country Sign up for most students to run with
Health + PE Staff + Students Community Service together
Health + PE/Health Committee Include students with staff after school walks

PE & Health ED Brain Breaks for ① & ②
② ask ① about their BB

