

SHAC Minutes
9-16-21
5-6:30 PM
FISD Admin Building Training Rooms

Welcome: Dr. Davis

Motto: Children must be healthy to learn. Children must learn to be healthy.

Mission: Promote sound school policies and practices that will improve the health and wellness of our students, faculty, and community members.

Vision: Focus on a future where every child in Frisco ISD has the opportunity to live a healthful lifestyle, to be healthy and physically educated, and to transfer that knowledge into action.

Goals:

- Support a healthy and safe school environment that fosters learning.
- Establish healthy behaviors during childhood that carry over for a lifetime.
- Strengthen academic success by enriching health and physical activity opportunities.
- Champion the practice Community and School Health by effectively implementing the eight components.

Introduction of Members

Required Components:

- Health Education & Services
- Physical Education and Physical Activity
- Nutrition Environment & Services
- Counseling, Psychological, & Social Services
- Social and Emotional Health
- Physical Environment
- Employee Wellness
- Family/Community Engagement

Norms:

- Be respectful and honor everyone's ideas.
- Be open minded and solution driven.
- Keep it positive and share the talk time.

Discussion of revisions to Wellness Guidelines

- Committee voted to leave previous Wellness Guidelines in place while additional revisions are made.

Sub-Committees met to begin setting goals

- Counseling & Psychological Services/Social and Emotional Climate
- Health Services and Employee Wellness
- Family Engagement and Community Wellness
- Health Education, Physical Education/Physical Activity and Nutrition

Next Meeting: Nov 11, 2021 5-6:30PM FISD Administration Building - Training Rooms